

Endurance Camp Triathlon ~ Cycling

Cycling Camp

January 16–21, 2011

April 3–8, 2011

Triathlon Camp

February 20–25, 2011

March 13–18, 2011

Weekend Endurance Camp

February 4–6, 2011

March 4–6, 2011

April 15–17, 2011



Experience the waters of the
Floating Stone Inn & Aqua Spa
... a new vision for wellbeing.

16–18, 20 Calle Iglesia PO Box 1463
Tubac, Arizona 85646

Reservations: 520.398.3193

Toll-Free: 888.767.2325

www.thefloatingstoneinn.com



Joe Friel



Tom Manzi

TRAININGBIBLE

COACHING

All-Inclusive Camp

- 5-night stay and/or 2-night stay at the Floating Stone Inn & Aqua Spa
- All meals included
- 2 lectures and a ride with Joe Friel (5-day camp only)
 - Bike Fit
 - Evening lecture series
 - Small-group coaching
 - All coaches USAT Certified
 - 60-minute massage
 - Use of chemical-free pools (3 pools)
 - Use of the endless pool
 - Swim drill sessions
 - Sag wagons during rides
 - Cliff & Xood nutritional products
 - Schwag bags
 - Tri-Sport shopping night
 - Training sessions daily
 - Transportation from airport
 - Bike assembly available for \$50 fee

For more information, contact:
tom@trainingbible.com

For pricing, visit:
www.thefloatingstoneinn.com

