



Welcome to the Floating Stone Inn & Aqua Spa

We are gearing up for our official opening in October 2010!

This is our first email newsletter to those of you who have requested to be on our email list. Throughout the summer, we will be sending you updates on our construction progress and news about our pre-opening specials. The Floating Stone Casitas have been open for guests since 2008 under the name of Posada Linda. We recently renamed the Casitas and just installed the sign, surrounded by this lovely bed of springtime poppies.

For more detailed information about the Floating Stone, please visit our web page at www.TheFloatingStone-Inn.com and our Facebook Fanpage at <http://bit.ly/aVIKQW>.

History of the Floating Stone Inn & Aqua Spa

In 2007, I purchased the "Poston Block," which was built in the 1850s by Charles Poston, the founding father of Arizona. It is a unique complex of adobe buildings set around a courtyard and fountain. I was awestruck by the history of the buildings and the natural beauty, coupled with the quiet ambiance of the setting. This property seemed to be the ideal location for a retreat center. I imagined guests relaxing in hot-water pools after a day of shopping in Tubac's many art galleries, playing a round of golf at the nearby Tubac Golf Resort, or hiking/biking/birding in the surrounding high-desert terrain. Inspired by my discovery of aqua spas during my trip to the Canary Islands in 2008, I felt this was the perfect setting for this unique experience. Found throughout Europe, aqua spas combine conventional spa services with warm- and hot-water pools for relaxation and detoxification. I also purchased some nearby apartments, which, as I mentioned, are now the Floating Stone Casitas. These one-bedroom apartments will make a wonderful complement to the Floating Stone Inn & Aqua Spa for guests desiring extended stays. Casita guests will enjoy full use of all spa services and amenities.

As a facilitator, I wanted to create a relaxing and nurturing learning environment wherein guests could experience relationships and ways of being that help to address the pressing collective challenges of global climate change and sustainable living. At the Floating Stone, we want to model living in sync with nature and its rhythms.

Learning to live within nature's limits and to steward our precious resources is critical if we want to hand our children a world worth inheriting. Change takes time. We need to soak, both literally and metaphorically. We need a place where we speak about our fears and hopes for the future -- where we can take care of ourselves, have a massage, soak in chemical/chlorine-free hot water, meditate, hike, and learn new skills and new ways of thinking. The Floating Stone & Aqua Spa will be that place.

The Vision & the Mission of the Floating Stone

The vision of the Floating Stone is to bring eco-living and wellness together to create a sustainable world. The mission of the Floating Stone is to provide education and inspiration within a nurturing, supportive environment for living in balance with nature and community.

Coming Soon

Opening in the fall of this year, the Floating Stone will offer both day and overnight guests a full range of spa services, including massage, body treatments, and facials. All guests will have unlimited access to our lap, Watsu, and hot-therapy pools. The pools, which will have a Zen-like feel and will be chemical/chlorine free. To achieve this, we will be among the first spas in the country using a copper ionization filtration system, which has long been popular in Australia and Europe.

We will offer two- and five-day programs, including The Art of Eco-Living, Green Your Business, and Creating a Green Team. In addition, we will be offering our in-depth Wisdom Series, featuring Wisdom of the Body, Wisdom of the Heart, Wisdom of Relationship, and Wisdom of Community. The Wisdom workshops foster a deeper connection with our inner source as the guide for action in the ever-widening circles in our lives. There will also be a wide array of workshops offered by experts on sustainability and wellness-related topics.

Congratulations!

I'm happy to announce that Nicole Crawford has won a 2-day stay at the Floating Stone Casitas.*

Please stay tuned for our next e-letters announcing our pre-opening specials.

Sincerely,

Linda Ellinor
Owner